



TURKEY SWEET POTATO CHILI

Ingredients

20oz 93% lean ground turkey	1/2tsp cumin, or to taste
kosher salt, to taste	1/4tsp chili powder
1/2cup onion, chopped	1/4tsp paprika
3cloves garlic, crushed	1bay leaf
10oz can Rotel mild tomatoes with green chilies	1medium sweet potato, peeled and diced into 1/2- inch cubes
8oz can tomato sauce	fresh cilantro, for garnish
3/4cup water	

Directions

Saute ground turkey in a large skillet until brown and then add chopped garlic and onion. Add sweet potato, tomatoes, and spices. Simmer until potatoes are cooked.

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